

WEEKLY ACTIVITIES

Monday

- 10:00 Prayer Meeting
11:00-13:00 Open Doors

Tuesday

- 10:00 Crossroads Cafe
13:30 F3 Faith, Friendship and Family
18:00 Jam Club
20:00 Songster Practice

Wednesday

- 10:00 Little Stars Toddlers
13:00 Journaling Group

Thursday

- 12:00 Knit and Natter
17:15 **No** Sing
20:00 **No** Band Practice

FORTHCOMING EVENT

July

- Sun 14th S3 Youth Choir leading morning meeting at Preston
Fri 19th Treasured Moments Memory Cafe
Sun 21st Welcome Meeting for New Officers
Weds 31st Sacred Space Prayer Day

Rock Ferry Salvation Army Community Church



ROCK FERRY LINK

Commanding Officers: Captains Debbie and Dominic Eaton

Meetings and Activities Guide - 7th July 2019



Contact Details

Corps Officers: 0151 645 3431 (Office) 0151 644 9114 (Quarters)
e-mail: info@rock-ferry.org.uk

Sunday 7th July

09:30 Prayer Meeting

10:00 Morning Worship led by Gary Lacey

Sunday 14th July

09:30 Prayer Meeting

10:00 Morning Worship led by Major Marlene King

Corps Family News

Please pray for all Officers and their families who are moving in the coming weeks.

Continue to pray for **Captains Alex and Sian Wood and Caris** as they prepare to join us at Rock Ferry.

We also think of **Debbie, Dominic, Hannah and Rachel** as they make their move to Preston. Thank you to all who gave to Debbie and Dominic's farewell gift. A total of £195 was raised.

Remember those who are unwell or having personal difficulties.

Hall Cleaning

Thank you to all who helped with cleaning the Hall this week.

Community Focus

Jenny and Haydn are going on holiday and therefore help is needed with collection and distribution of food from Costco in Ellesmere Port. If you are able to help on any of the following dates in **July** please see Myrtle. Thursday 11th , Saturday 13th , Thursday 18th and Saturday 20th.

This requires collection of food from Costco at 10:00am followed by the sorting and distribution to the freezer at the Hall and to several other charities and is usually completed by 1:00pm.

Parking

Can people who are fully able please leave spaces at the front of the hall for those who struggle with walking.

Nourishing Words

There was once a monk who, like many followers of Jesus at the time, was looking for a deeper walk with God. This monk, Abbot Agatho, fled to the desert. The story goes that Abbot Agatho, aware of his temptation to sin with his words, carried a rock in his mouth for three years! He did so until he learned to be silent or to control his lips.

I'm not ready to carry a rock in my mouth as a reminder to watch my words, but I am very aware of my own temptation to use my words unwisely. Because we serve a God who speaks and uses His words to bring life, we are reminded that our words really do matter. They matter in our marriage, our family, the workplace, our relationships, and our church. Our words really are an overflow of what is going on in our hearts (Luke 6:45), and they have the power to shape the hearts of those whom God has surrounded us with.

In Proverb 10:21, the writer said, *The lips of the righteous nourish many.*

With our words, we bring life, health, and good things to those we encounter. We make others better by what rolls off our tongue. With our lips, we are to avoid gossip, slander, malice, and idle talk, which steal life instead of nourishing it.

We can nourish those around us with words of encouragement. Speaking truth in love. Sharing our appreciation. Building others up with the truth and promises of God's Word. We nourish others when we speak with gentleness and compassion. We bring life when we choose not to speak words that could easily be used as weapons.

How are you using your words? Do your words bring nourishment to those around you? Take a moment and prayerfully consider how your words are bringing life or death to those you are closest to. Let's pursue the righteousness described in Proverbs — being one who uses her words to nourish not just some, but many!

Lord, You are a God who speaks. As I reflect who You are to those around me, help me use my words wisely. Give me grace to "nourish many" with my lips. I confess that my words are not always used in a way that honors You. Forgive me and teach me to love and serve those around me with the words You give me. In Jesus' name, amen.

Where do you struggle with your words the most? What is one way you can begin nourishing others with your words today?

Excerpted from Settle My Soul by Karen Ehman and Ruth Schwenk.